

Information about:

# Guidelines after circumcision

## (children day care centre)

### **The period after the procedure**

As a general rule, after the procedure, the following symptoms will occur:

- Swelling of the penis
- Fiery-red glans penis
- Slight loss of blood
- Possible irritation around the area of the sutures

These symptoms are normal, you do not have to worry about them. They will disappear by themselves after a few days.

In the beginning, urinating is painful. It is therefore very important that you make sure that your child does urinate. Your child may eat everything he normally eats. The wound has been sutured with soluble stitches so that they do not have to be removed.

### **Pain**

It is important that you give your child the painkillers as prescribed at regular intervals. This will help your child to feel better and urinate, and promotes the wound healing process. After the first three days you can give Paracetamol according to your child's pain. But never exceeding the prescribed dose. Under no conditions should you give Aspirine or Chefarine.

### **Caring for the wound**

It is important that you regularly rinse the wound clean with lukewarm water; do not use soap or other substances! Do this, in any case, every time your child has urinated.

Your son may not have a bath for 2 weeks, he can shower. After a maximum of 24 hours, the dressing should be removed. The best way to do this is under the shower; the dressing will loosen easily. After removal of the dressing, place the penis upwards in the underpants in order to prevent swelling. It is preferable to place an absorbent gauze dressing against the penis. If your child is in diapers, you do not have to dress the wound.

### **Complications**

It is normal for your child to have a slightly elevated temperature. However, if your child refuses to drink and develops a fever of more than 38.5 °C, you must contact the hospital. If other problems occur at home, you can always contact the hospital.

### **Recovery period**

Your child will need some time to recover. You are most qualified to judge how fast your child is recovering and what he can and cannot do. If your child feels well, he can go outside again. He must not, however, play in the sandbox, go swimming or do other sports until the wound is completely healed.

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## **Questions and problems**

The Paediatric daycare can be reached during the day via telephone number 020 – 755 6668. The outpatients clinic ENT can be reached during the day via 020 – 755 7028.

In the evening and at night, the hospital can be contacted via 020 – 755 7000. Ask for the head nurse on duty.