

Information about:

# Guidelines after a surgical procedure (paediatrics)

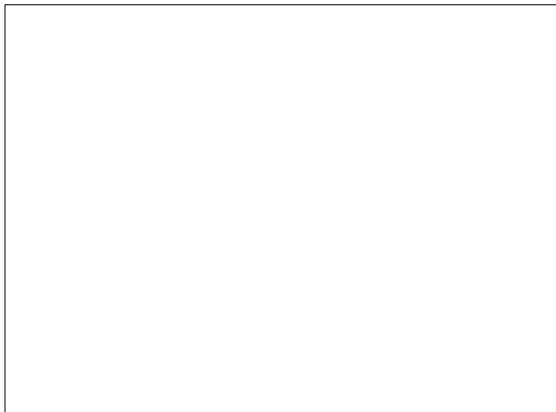
## **The first days after the procedure**

Your child has undergone a procedure. Because of the effects of the anesthetic, it is sensible to make sure your child takes it easy for the first 24-hours after surgery.

Ask the consulting specialist when your child may shower and bathe again.

## **Pain**

It is important that the painkillers are given at home as prescribed. This will help your child to feel better and promotes the healing process.



Under no conditions should be given Aspirine or Chefarine. After the first three days you can give your child Paracetamol according to his/her pain; but never exceeding the prescribed dose.

## **Recovery period**

Your child will need some time to recover. You are most qualified to judge how fast your child is recovering and what he can and cannot do. If your child feels well, he can go outside again. Ask the consulting specialist when your child can go back to school/daycare again. For the first two weeks, it is a good idea not to allow your child to take part in gymnastics or such activities as bicycling, roller skating, etc. It is also not a good idea to allow your child to blow on something (a balloon or a wind instrument). This is in order to avoid putting pressure on the abdominal wall.

## **Complications**

It is normal for your child to have a slightly elevated temperature. However, if your child refuses to drink and develops a fever of more than 38.5 °C, you must contact the hospital. If other problems occur at home, you can always contact the hospital.

## **Check-up**

Consult with your specialist about an appointment for a possible check-up.

## **Questions and problems**

The Paediatric ward can be reached during the day via telephone number: 020 - 755 6668.

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In the evening and at night, the hospital can be contacted via 020 – 755 7000. Ask for the head nurse on duty.