

# Operation in Amstelland Hospital

You will soon be having surgery at Amstelland Hospital. In order to provide you with the best possible support, someone will call you to make appointments with regard to your operation. You will also be given an appointment for a preoperative consultation. This is confirmed via email the next working day. If we do not have your email address, you will receive a confirmation by regular mail.

## **Assessment**

The specialist may want to have blood tests carried out and X-rays or an ECG taken in preparation for the preoperative assessment and the operation itself. Could you please proceed to the laboratory, the Radiology Department and the ECG Department with the application forms immediately after your visit to the specialist?

If you frequently visit your cardiologist or pulmonologist, please bring the reports of your last check-up (such as ultrasound or lung function test) to your consultation with the anaesthetist. This prevents delays in the preoperative process.

## **Preoperative assessment**

You will receive a confirmation e-mail, which contains a link to the digital questionnaire 'Anaesthesia adults'. Please complete this questionnaire online as soon as possible. You have the option to log in with or without DigiD.

It is also possible to receive a hard-copy of the questionnaire from your doctor. Please fill out this form at home and bring it with you to your appointment at the Anaesthesia Outpatient Clinic.

We also request that you bring any medication that you may take in the original packaging.

During the preoperative assessment, you will speak to the pharmacist's assistant, the nurse and the anaesthetist. You should bear in mind that this assessment may take some time. The questionnaire will be reviewed with you. A decision will also be made on whether additional assessments will need to be carried out, as required.

## **Use of medication**

If you are taking the medication listed below, even though you need to have an empty stomach before the operation, you may still need to take it. This includes:

- medication for high blood pressure;
- medication for the heart;
- medication for the lungs;
- antidepressants or sedatives;
- medication for neurological conditions.

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During the preoperative assessment, you will be informed about the medication to be taken on the day of the operation.

**You should NOT take the following medications on the day of the operation unless the anaesthetist has told you otherwise:**

- laxatives;
- slimming tablets;
- medication for diabetes and insulin preparations;
- blood thinners (the surgeon and anaesthetist will discuss with you when to stop taking blood thinners or if you are allowed to continue this medication).

If you are in any doubt about whether to stop taking these medications, please consult with the doctor who prescribed it.

## **Operation as a day care patient**

If you are receiving surgery as a day care patient, someone needs to be with you after you get home and also during the night.

## **Questions**

If you have any further medical questions that may be relevant to the operation, please contact the Anaesthesia Outpatient Clinic: Monday, Tuesday and Thursday from 8:00-16:30. Telephone number: 020 – 755 7091.