

## Guidelines after an oral surgery procedure (Paediatric daycare)

### Introduction

Your child underwent an oral surgery procedure today. As a general rule, he/she will then have the following symptoms:

- Swelling in the cheek
- Pain
- Possible difficulty opening the mouth
- A slightly elevated temperature is possible

These symptoms are normal, you do not have to worry about them.

### The first days after the operation

Your child may brush his teeth as usual! The swelling will disappear after three to four days.

For the first days after the procedure, it is better not to give your child any hot drinks, such as tea and soup. Lukewarm is no problem. It is best to avoid eating hard foods, such as bread crusts. Avoid ice lollies as they can inhibit the healing process.

When your child feels well, he can go outside again. It is advisable to bring your child to and from school the first day after the procedure. The first day, your child may not ride a bike, do sports or physical education; try to keep your child as quiet as possible.

### Pain

Give your child the painkillers as prescribed. Painkillers will also promote the wound healing process.

### Complications

On the day of the procedure, your child must **not** rinse his mouth. If the wound starts to bleed again, place a square of gauze in your child's mouth (no cotton wadding) where the bleeding is and have him bite down on it until the bleeding stops. This will take, on average, 30 to 60 minutes.

If, after three to four days, the swelling has not subsided – or has even become worse – it is possible that an infection has developed. In that case, contact your consulting physician or the doctor on duty.

Moreover, if the child has a fever above 38.5 °C, you must also contact the specialist.

### Questions and problems

If, after coming home, you still have questions or unexpected problems develop, you may then, during office hours, contact the Out-patient clinic for Oral Surgery: 020 – 755 7027.

Outside of office hours, you will be connected, via the general telephone number 020 – 755 7000, with the evening or night head nurse on duty. You can then ask your questions or discuss your complaints. Outside of office hours, Amstelland hospital is on call together with the AMC.

