



## Endoscopy Aftercare Form

Today \_\_\_\_\_ (date) you had a \_\_\_\_\_ (examination)  
in the Endoscopy department.

Details about the examination/the treatment:

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Preliminary result:

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**You do not have to follow a special diet after the examination, unless you are told otherwise**

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**You may experience the following symptoms after the examination:**

- Sore throat
- Bloating feeling
- Abdominal pain
- Minor, temporary memory loss
- Drowsiness
- Flatulence
- Temporary blurred vision
- Minor blood loss from rectum
- Coughing up blood
- \_\_\_\_\_

If the symptoms above become serious or increase we advise you to contact Ziekenhuis Amstelland, telephone number 020 - 755 7000. During the day ask for the Endoscopy department. Evenings, nights and during the weekend you will be connected to the out of hours staff member 'WAN-hoofd'. You may also phone the number above if you have any questions.

Medication	Time	Dosage
<input type="checkbox"/> Midazolam*		
<input type="checkbox"/> Fentanyl*		
<input type="checkbox"/> Buscopan		
<input type="checkbox"/> Xylocainespray 10%		
<input type="checkbox"/>		

*\* If you take the medication Midazolam and Fentanyl you are prohibited to take part in traffic due to a reduced ability to react. The medication you were given may make you forgetful for the rest of the day, therefore do not take any important decisions.*

If you stopped taking anti-clotting medication (blood thinners), such as Ascal, Aspirin, Acenocoumarol, you may restart these on \_\_\_\_\_(date).

Other details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tel. Appointment with \_\_\_\_\_(name doctor)  
about \_\_\_\_\_

Appointment outpatient clinic with \_\_\_\_\_(name doctor)  
about \_\_\_\_\_

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#### **Notes on this leaflet**

If any information in this leaflet is unclear or incomplete, please notify us. You can share your remarks with us via voorlichting@zha.nl.