

## Partner's stay Maternity Ward/Mother-Child Room

Amstelland Hospital offers the possibility for a new mother to have a loved one near at hand after the delivery.

During this special time, a partner or member of the family is allowed to spend the night in the mother's room.

### Who is allowed to stay overnight?

The new mother determines who is allowed to stay overnight after the delivery. However, the guest must be an adult and in the event of a longer stay, we assume that it will be the same person staying every night. You do not need to register a guest in advance.

### What can the guest expect?

- You will sleep in the mother's room.
- You can stay as long as the mother stays.
- You will receive coffee and tea just as the mother does.
- You will be given three meals a day, taking any special wants into account, such as vegetarian or kosher meals.
- You can use the radio and television in Amstelland Hospital free of charge.
- You are allowed to use your own mobile phone.

### What will this cost?

- The costs amount to €35 a night, including meals, coffee and tea.
- You pay the invoice upon discharge, at the reception desk in the central hall.
- You should submit the invoice to your health insurer if you are eligible for (partial) reimbursement.

### What does the hospital expect of guests?

We want your stay to be as pleasant as possible, but you must remember that this is a hospital. This is why we have drawn up a few rules for your stay:

- You should be fully capable of taking care of yourself.
- It should remain possible for staff to carry out the work that needs to be done in the ward.

- Please do not forget to show consideration to other patients on the ward.
- Please get up as soon as breakfast is served and make your own bed. Your bed will get a change of linen after 3 days. Please strip the bed when you leave.
- Please wear normal everyday clothes between breakfast time and bedtime. Please also wear suitable (night) clothes during the night as well.
- You will be using the same bathroom facilities as your loved one.
- Visitors are welcome during the ward's visiting hours and are asked to comply with the general rules that apply within the ward.
- In exceptional circumstances, the obstetrician or gynaecologist may decide that it would be unwise for a partner to stay overnight. We ask that you comply with this decision.
- All other rules of Amstelland Hospital continue to apply.

### Mother-Child Centre

*Location:* 1<sup>st</sup> floor

#### *Mother-Child Rooms*

The Mother-Child Rooms are located in the Paediatric Department, telephone number +31 (0)20-755 6668. Visiting hours 10:00-11:30 hours, 15:30-17:00 hours, 18:00-19:00 hours. The partner or a person designated by the new mother is always welcome.

#### *Maternity Ward*

Maternity Ward visiting hours: 10:30-11:30 hours; 16:00-20:00 hours. The partner or a person designated by the new mother is always welcome. The telephone number is +31 (0)20 755 7111. Intended for the patient's primary contact, for information about the situation and treatment. He/she can provide the family and friends with further information.