



ECG

Introduction

Your specialist has referred you for an ECG (B29). You can take a seat and will be called in at the agreed time.

What is an ECG

An electrocardiogram (ECG) is a heart examination. It provides information about the functioning and health of your heart. During an ECG electrodes measure electrical currents in your heart and 'draw' these in the form of lines on paper. These lines have a particular pattern.

Some heart conditions are diagnosed from the ECG, because they give a specific pattern on the ECG. A specialist will assess the ECG.

Why an ECG?

An ECG may be part of a general examination into your physical condition. This may be done if, for example, you need to have an operation and your doctor wants to assess whether there are certain risks involved for you.

How it is done

At Amstelland Hospital the ECG can be carried out in two ways:

With suction caps and/or clips

The skin is sprayed with moisture where necessary. Electrodes are attached to clips or suction caps on the arms and legs and to suction caps on the chest.

With stickers

Instead of suction caps, stickers are attached to the arms, legs and chest to which the electrodes are connected. You

must lie very still and relaxed. Without you noticing anything, your heart's electric activity is measured. The test takes a few minutes.

Results

You will not receive any results if the ECG is part of the preparation for an operation and the ECG does not show anything unusual. In other cases your attending physician will inform you about the results.

Any questions or problems

If you have any questions, you can ask the ECG technician for further information.

Notes on this leaflet

If any information in this leaflet is unclear or incomplete, please notify us. You can share your remarks with us via voorlichting@zha.nl.