

Information in English about giving birth at Amstelland Hospital

Amstelland Hospital has information in English available about pregnancy and giving birth. You can find this on the website:

www.ziekenhuisamstelland.nl/en/patients/childbirth-amstelland-hospital.

On the website you can find:

- General information about giving birth at Amstelland Hospital.
- Folders National Institute for Public Health and the Environment:
 - Pregnant!
 - Hearing screenings for newborns
 - Heel prick test
 - Prenatal screening Down's syndrome
 - The 20 week ultrasound
- Folders concerning your pregnancy and giving birth:
 - Information about prenatal care, baby movements and birth plan
 - The Birth Plan
 - Baby movements
 - Information for pregnant women at 30 weeks
 - Pain management during birth
 - Inducing labour
 - Breech birth
 - Caesarean section
- General information about pregnancy and giving birth in the Netherlands (how it is arranged?).

If you have any questions after reading this information, please contact the Obstetrics/Gynaecology Outpatient Clinic.

Notes on this leaflet

If any information in this leaflet is unclear or incomplete, please notify us. You can share your remarks with us via voorlichting@zha.nl.