

## Minor dermatological procedures

### What does a minor (surgical) procedure involve?

After you have taken place on the treatment table, the area to be treated will be cleaned with a disinfectant. The local anaesthetic is then administered using an injection. Injecting the fluid can cause a slight burning sensation. After the anaesthetic, you will no longer feel pain, but you will be able to feel that the doctor is treating you. The area to be operated on will be covered with a sterile cloth which you are not allowed to touch. The procedure takes about twenty minutes.

After the procedure, the wound will be stitched and adhesive strips will be applied. This will then be covered by a plaster. You must leave the plaster on for two days and you must keep the wound dry for two days. After those two days, you can change the plaster every day. Please leave the adhesive strips for as long as possible, preferably until the nurse removes the stitches.

If you are going to have a shower after the two days, it is best to do so without the plaster but with the adhesive strips. You can clean the wound using water.

### Removal of the stitches

If the procedure was on your face, the stitches will be removed after one week. Stitches elsewhere on the body are removed after two weeks. You will receive an appointment for the Dermatology Outpatient Clinic.

### What to do if you are in pain?

In case of pain, you can take some painkillers (preferably Paracetamol).

### A few additional comments

- If you are using blood-thinners, you must let the doctor know this in advance, preferably at the time of making the appointment. You do not have to stop taking these.
- Some patients need antibiotics for surgery in connection with heart defects. If this is the case, please inform the doctor in advance.
- Please specify if you have any allergies (iodine, sticking plasters, etc.).
- Anyone accompanying you will be requested to remain in the waiting room during the procedure.
- Please notify us if you have a pacemaker or an ICD.

### Possible complications

One possible consequence of the procedure is bruising, especially in the case of a procedure on your face, whereby swelling usually occurs. An infection is a complication that manifests itself through pain, swelling, redness and discharge from the wound.

In the event of any problems (such as bleeding, severe pain, infection), please contact the Dermatology Outpatient Clinic on 020 - 7557015.

### More information

For more information, see [www.huidziekten.nl](http://www.huidziekten.nl)

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**Notes on this leaflet**

If any information in this leaflet is unclear or incomplete, please notify us. You can share your remarks with us via [voorlichting@zha.nl](mailto:voorlichting@zha.nl).