

# Mammography



## **Introduction**

An X-ray examination of the breast has been arranged for you. This is also referred to as a mammography. The examination will take place at:

- Amstelland Hospital: Radiology Department, C32 (yellow route).
- VUmc: in the Radiology Department in the outpatient clinic, reception F.

## **The examination**

The purpose of the examination is to use X-rays to create images of the breast tissue. The radiologist will look for abnormal structures on an X-ray photo. The breast will be photographed from various angles.

The breast is positioned on the X-ray panel and is held still and flat with some pressure from a compressor in order to get the photo as sharp as possible. First, two photos are taken of each breast. Afterwards, some extra photos are usually taken. If necessary, an additional ultrasound examination is carried out. The whole examination lasts around 15 to 30 minutes.

## **After the examination**

The images are then evaluated by the radiologist. The radiologist then passes the information on to your treating doctor, who will tell you the results.

## **Breast prosthesis**

If you have a prosthesis, inform the X-ray lab technician of this prior to the examination. The breast can also be compressed with a prosthesis and you can undergo a mammogram.

## **Pregnancy**

In general, it is undesirable to perform an X-ray examination during the first three months of pregnancy or possible pregnancy. If you are pregnant or breastfeeding, please inform the treating doctor or the lab technician of this. They will determine which examination should be carried out or whether it would be better to schedule a new appointment.

## **Body lotion**

We request you not to use body lotion on the day of the mammography. This makes it more difficult to take photos.

## **A quick point...**

A specific time has been reserved for you. If you are unable to attend your appointment, please report this to the department in good time.

## **Availability**

If you have any questions after returning home or should any unexpected issues arise, you may

call the telephone numbers listed below at any time. Outside of office hours, please contact the reception desk at Amstelland Hospital by calling telephone number +31(0)20 - 755 7000 and ask for the evening or night-shift supervisor on duty.

*Amstelland Hospital*

Telephone number: +31(0)20 - 755 6023

E-mail address: [mammapoli@zha.nl](mailto:mammapoli@zha.nl)

Telephone number of the Surgery Outpatient Clinic: +31(0)20 – 755 7014

*Amsterdam UMC, Location VUmc*

Telephone number: +31(0) 20 - 444 3391 (available Monday, Tuesday & Thursday)

E-mail address: [mammacare.info@vumc.nl](mailto:mammacare.info@vumc.nl)

Telephone number of the Surgery Outpatient clinic: +31(0)20 – 444 1100